



Committee meeting held at URC Church, Three Bridges on Thursday 5<sup>th</sup> July at 19:30.

Present:- Luke Taylor, Theresa Wright, Ellie Dunn, Richard Daniells, Robin Nower, Clare Hall, Lesley Connolly, James Mason, Nick Baker (Run Leader), Roy Swetman, Stella Daff, Dawn Rhodes

Apologies received from:- Paul Luttman, Dan Sawyer, Cara Law, Frances Wakefield, David Penfold

After the previous meeting, an email was sent to all members asking for volunteers to fill vacant committee positions and assist with the organisation of the Saints and Sinners WSFRL Tilgate 5 race. A number of people expressed interest and the following were invited to the committee meeting and co-opted on to the committee by the existing members:- Luke Taylor, Ellie Dunn, Robin Nower, Lesley Connolly, Dawn Rhodes, Paul Luttman, Dan Sawyer and David Penfold

Discussion points from the meeting

Paul Luttman has submitted a list of races, both Cross-Country and SCAA that he will be promoting this year / early next year.

Robin Nower will contact the organisers of the South Downs Relay regarding us obtaining a place for 2019.

Track sessions –

- There were 27 people attended the track session in June. This was a free session and included the Mile Challenge. This was the second highest Track session attendance we have had.
- It was agreed the Track sessions would be £1 for members going forward. Non-members will pay £3. James Mason will book the K2 track for the last Friday of the month until the end of the year with two exceptions. August there will be no session as Graham is on holiday. December session will be booked for 21<sup>st</sup> December.

Points from Coaches / Run Leaders meeting

- Members supply their emergency contact details on their membership forms. It was felt that the Coaches / Run Leaders should have access to these in case contact needs to be made. It was agreed these should not be given out to all, but in case of contact being required, Frances should be contacted for the details, and if she was not available, James Mason contacted.
- Also on the membership form, members were asked about pre-existing conditions. Frances will be asked by James / Richard to produce an anonymised list of conditions submitted. We can review and where we feel Coaches / Run Leaders do need to know the information,

approach the member and ask for explicit permission for these to be notified to Coaches / Run Leaders.

- James will look into booking Oriel for Wednesday evening Winter training. If it is possible to book an indoor hall at Oriel, Dawn has offered to take an indoor core exercise / cardio session a couple of times a month as an option.
- The coaches questioned whether or not we had an accident form. James has sent Richard the accident form produced in January and Richard will circulate to Coaches / Run Leaders.
- Three members have expressed an interest in becoming Run Leaders. These people have been contacted regarding costs and courses and will take their courses when they can. NB There are local courses until October, but others are available further afield.

Kit:-

- Theresa to let Richard know what kit that currently appears on the website is available / not available. Richard will amend website accordingly.
- Luke and Theresa to redefine the Kit order form and Richard to make available on the website.

Tilgate 5

- Some of the 'pain points' in organising the race were discussed.
- Good take up of people volunteering for organisational roles following email requesting help.
- James to call a meeting in next couple of weeks to discuss roles.
- Since the meeting, Martin Presland has offered his assistance in helping with the race.

Social

- Summer Social meeting is Saturday August 18<sup>th</sup> at Ifield Barn
- Dawn to find out costs of outside bbq and communicate with Clare
- Theresa / Luke have access to some outdoor games
- 14<sup>th</sup> July is out next parkrun tourism event at East Grinstead

James Mason to assist Clare in sorting out mailchimp use and access (Now complete)

Richard to add Dan Sawyer as a website editor

Endure 24 – we currently have two teams entered for next years Endure 24. Clare and Chris Lobodinski are heading up a team each. No reason we can't enter more if there is interest.

Parkrun take over will now be in September. James to confirm exact date (now October with date still to be confirmed)

Upcoming Tilgate Boroughs runs with main contacts

- Monday 16<sup>th</sup> July – West Green (Ken Tulley / Cara Law)
- Monday 23<sup>rd</sup> July – Bewbush (Sheena & Andy Stannard)
- Monday 6<sup>th</sup> August – Tilgate (Theresa Wright / Luke Taylor)

- August Date TBA – Maidenbower (Dawn Rhodes)

Meeting closed at 21:25